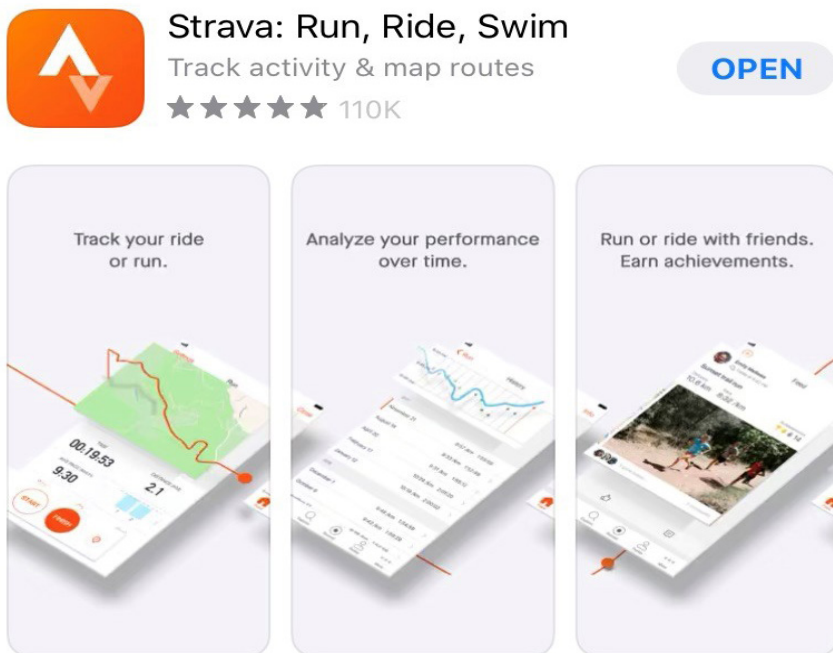
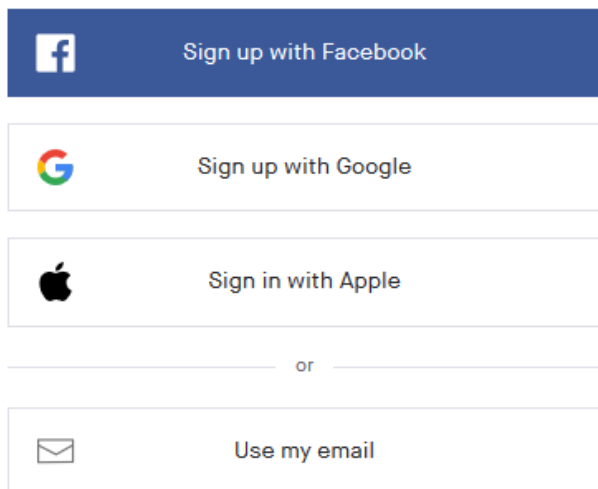


# How to Sign Up on a Mobile Device

## 1. Download Strava from your app store



## 2. Click one of the sign up options listed below:



By signing up for Strava, you agree to the [Terms of Service](#). View our [Privacy Policy](#).

Already a Member? [Log In](#)

# How to Sign Up on a Mobile Device

## 3. Complete your profile

### Create your profile

The profile is the home of your activities and how friends find you on Strava. It's public by default, but you can change that at any time in your Privacy Controls.

First name

---

Last name

---

Birthdate 

---

Gender 

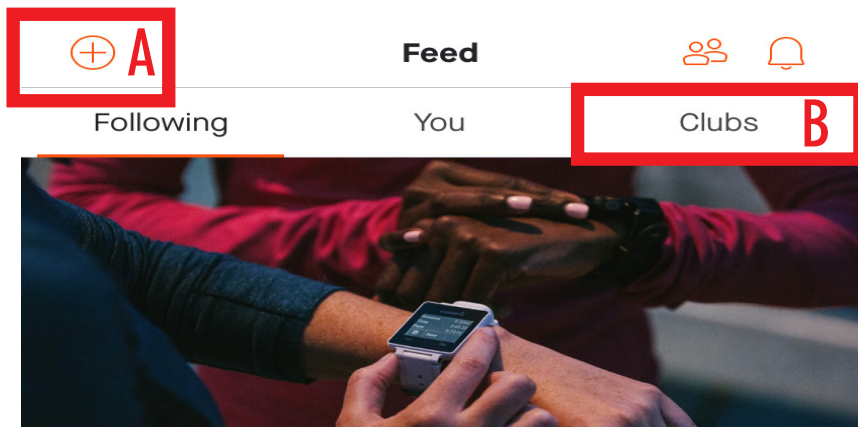
- Male
- Female
- Other

Continue



# How to Sign Up on a Mobile Device

## 4. Get familiar with your dashboard



### Getting Started

To get you started, we've detailed a few steps on how to get the most from Strava.

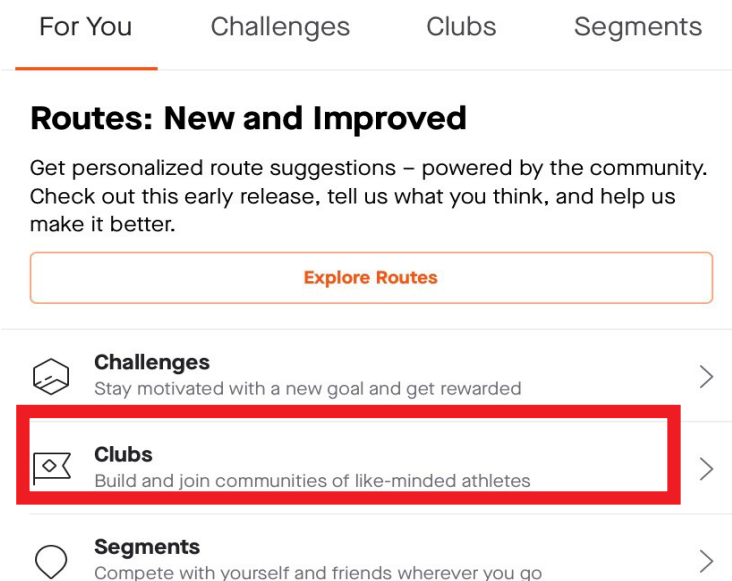
- Connect a GPS watch or computer **C**
- Record using this app **D**
- See what your friends are doing
- Join Summit
- Learn more about privacy on Strava

**A. Add Activity**  
**B. Join/View Clubs**  
**C. Connect your GPS to track your activity**  
**D. Record/track current activity session using Strava**

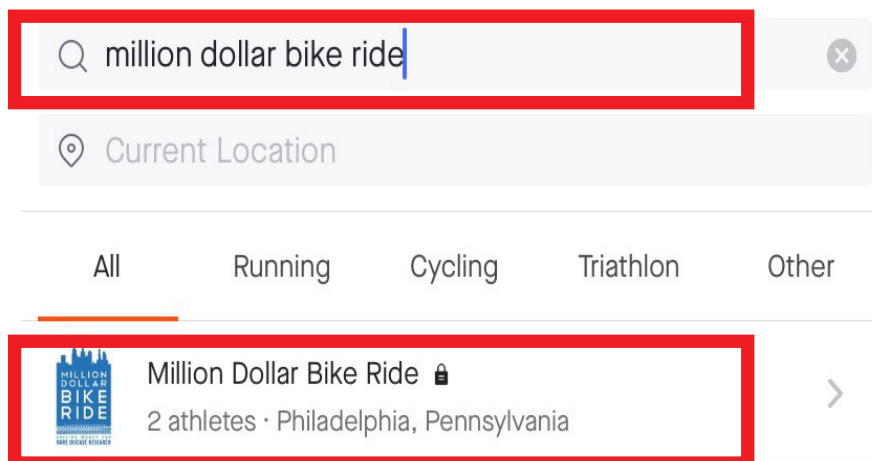
# How to Sign Up on a Mobile Device

## 5. Join the Million Dollar Bike Ride Club

- Click “clubs” tab at the top right
- Click the “explore clubs” button
- Click “clubs” button



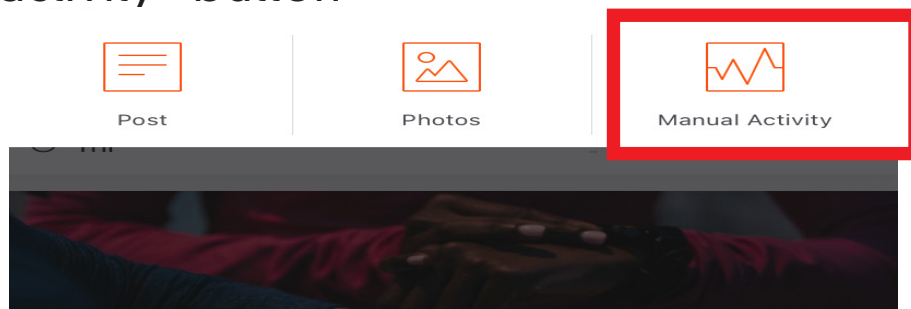
- Type in “Milion Dollar Bike Ride” and click the first one that pops up with the blue icon



- Click “request to join”. Once you are accepted into the club your activity will be linked automatically to the club

# How to Sign Up on a Mobile Device

6. Add activity either by uploading your device, recording on the app or by entering it manually
  - a. Add manually by clicking the “+” on the top left of your home screen and then clicking the “manual activity” button



- b. Record your activity by using the Strava app by clicking the “record using this app” button on your home screen before you start your activity

Connect a GPS watch or computer

Record using this app

- c. Upload your activities by linking your GPS device

Connect a GPS watch or computer

Record using this app

**Once you input your activity into Strava it will appear on your dashboard and also on the club page. You are now on your way to logging miles for the MDBR 2020!**